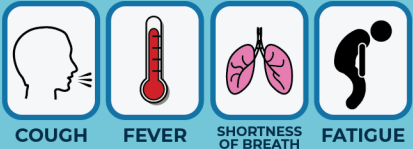


# COVID-19 AND THE ACT

## SYMPTOMS OF COVID-19



COUGH FEVER SHORTNESS OF BREATH FATIGUE

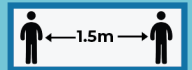
## HOW IT SPREADS



COUGHING SNEEZING CONTAMINATED SURFACES

## SAFE PRACTICES

KEEP A 1.5 METER DISTANCE FROM OTHERS



SELF ISOLATE FOR 14 DAYS IF IN CLOSE CONTACT



## MISCONCEPTIONS ABOUT COVID-19



5G mobile networks **DO NOT** spread COVID-19



Exposure to sun or heat **DOES NOT** prevent COVID-19



Drinking alcohol **WILL NOT** protect you from the coronavirus



There **IS NOT** one singular race at fault for starting or carrying the coronavirus. Now is a time for unity, not discrimination.

## ACT Government Support

Economic support for Canberra businesses



Relief and support for families and households



Increased investment into ACT Healthcare



Residential tenancy relief



Halt on increased public transport fees



\$7,000,000 Community Support Package



\$2,000,000 for not-for-profits



## Canberra Community Support

Canberra Relief Network



1800 43 11 33

Queanbeyan Multicultural / Multilingual Centre



6297 6110

MARSS



6248 8577

## Other Organisations

The Australian Red Cross Asylum Seeker Assistance Scheme



Turbans 4 Australia



HelpingACT



Multicultural Youth Services



Companion House



Canberra Region Coronavirus Mutual Aid Group.



Australian Government



AUSTRALIAN multicultural foundation



Australian Capital Territory Youth Leadership Project